

# THE LOOP

## SALADS

WE USE FRESH HAND-CUT LETTUICES

- ① **WALNUT GORGONZOLA** w/candied walnuts, red onions, grape tomatoes, sun-dried tomatoes, & croutons in balsamic vinaigrette 10.19
- ASIAN CHICKEN** w/cabbage, romaine lettuce, walnut noodle crunchies & carrots, tossed in peanut honey-lime dressing 11.19
- ① **CRUNCHY BROCCOLI** w/broccoli florets, romaine lettuce, walnut noodle crunchies, grape tomatoes & sweet red wine vinaigrette 10.19
- ① **GOAT CHEESE** w/mandarin oranges, red onions, candied walnuts, dried cranberries & shallot vinaigrette 10.19
- CAESAR W/CHICKEN** w/romaine, freshly made croutons & caesar dressing 10.99
- ① **FETA MEDITERRANEAN** w/artichokes, greek olives, red onions, tomatoes, croutons & balsamic vinaigrette 10.19
- CRISPY CHICKEN** w/aged cheddar, red onions, grape tomatoes & croutons, w/choice of dressing 11.99
- ① **SUNFLOWER KALE** w/walnuts, sunflower seeds, dried cranberries, carrots, red onions, napa cabbage & croutons, w/golden nutritional yeast dressing 10.19
- GARDEN W/CHICKEN** w/mixed greens, red onions, tomatoes, carrots, broccoli & croutons w/choice of dressing 11.19
- CAJUN CHICKEN** w/mixed greens, grape tomatoes, red onions & croutons, w/honey dijon dressing 11.29
- ① **GRILLED VEGGIE W/COUSCOUS** w/mixed greens, grilled zucchini, squash, tomatoes, red onions, greek olives, roasted red peppers & goat cheese w/balsamic vinaigrette 11.29

DRESSINGS: CAESAR, BALAMIC VINAIGRETTE, BLEU CHEESE, GOLDEN VINAIGRETTE, HONEY DIJON, RANCH, PEANUT HONEY LIME VINAIGRETTE, SHALLOT VINAIGRETTE, 1,000 ISLAND, SWEET RED WINE VINAIGRETTE, LITE ITALIAN, LOW FAT HONEY DIJON, LITE RANCH, FAT FREE RASPBERRY VINAIGRETTE

\*\*EXTRA DRESSING: 35¢

- ADD: BEEF PATTY 4.59 WHITE FISH *grilled/cajun* 6.49
- CHICKEN *grilled/cajun* 4.79 SALMON or \*AHI TUNA *grilled/cajun* 7.99

## WRAPS

TORTILLA WRAPS SERVED W/CUP OF SOUP

- ASIAN CHICKEN 9.99 MEDITERRANEAN 9.99  
*w/peanut honey lime* *w/chicken*
- CHICKEN CAESAR 9.99 CAJUN CHICKEN 9.99
- CHICKEN SALAD 9.99 CRISPY CHICKEN 9.99

## SOUPS

- TOMATO BISQUE CUP 4.99 BOWL 6.19  
*w/asiago croutons (w/bacon & cream)*
- CREAMY FRENCH ONION CROCK 6.59  
*w/melted swiss & croutons*
- SOUP OF THE DAY CUP 4.99 BOWL 6.19

## HOT DOGS

SERVED ON A POPPY SEED BUN

- CHICAGO DOG w/relish, mustard, tomato & pickle 7.79
- CHILI CHEESE DOG w/red onions 7.99

## KIDDOS ONLY

10 AND UNDER. INCLUDES DRINK

- ① MAC N'CHEESE 4.49 CHICKEN TENDERS 2PIECE 6.49
- PIZZA 1 topping 5.69 CHEESEBURGER 5.69

## SHAKES • TREATS

- ① CHOCOLATE, VANILLA or STRAWBERRY 5.99
- ① OREO or SPECIALTY 5.99
- ① COOKIE SUNDAE, BROWNIE SUNDAE, ICE CREAM LOOPWICH 5.99
- ① CHOCOLATE LAVA CAKE 5.99



- |   | SERVES 1 | SERVES 2-3 |
|---|----------|------------|
| <b>SWEET MAX</b> prosciutto, fontina & black pepper drizzled w/honey  | 13.49    | 18.99      |
| ① <b>MUSHROOM FONTINA</b> thyme, truffle balsamic glaze & cracked black pepper  | 13.49    | 18.99      |
| <b>THREE LITTLE PIGS</b> fennel sausage, artisan pepperoni, prosciutto, mozzarella & tomato sauce   | 13.49    | 18.99      |
| ① <b>MARGHERITA</b> fresh mozzarella, mutti tomato sauce & fresh basil leaves   | 12.49    | 17.19      |
| ① <b>ISABELLA'S WHITE</b> creamy goat, fontina, mozzarella, black pepper, topped w/arugula tossed in lemon & extra virgin olive oil         | 13.49    | 18.99      |
| ① <b>OLIVIA'S EDEN</b> feta, greek olives, artichokes, mozzarella & tomato sauce, topped w/arugula tossed in lemon & extra virgin olive oil | 14.19    | 19.19      |
| ① <b>TOP ANY PINSA W/ FRESH ARUGULA</b> tossed in lemon & extra virgin olive oil  | 2.49     | 3.99       |

## DREAM UP YOUR OWN PINSA OR PIZZA

- |                                |                                |
|--------------------------------|--------------------------------|
| PINSA SERVES 1 9.99            | PINSA SERVES 2-3 14.39         |
| EA.TOPPING .99 SPECIALTY 1.99  | EA.TOPPING 1.59 SPECIALTY 2.99 |
| 8" PIZZA 11.49                 | 14" PIZZA 17.99                |
| EA.TOPPING .99 SPECIALTY 1.99  | EA.TOPPING 2.09 SPECIALTY 3.19 |
| 12" PIZZA 18.49                | GF 10" CAULIFLOWER 13.99       |
| EA.TOPPING 1.59 SPECIALTY 2.99 | EA.TOPPING .99 SPECIALTY 1.99  |

TOPPINGS: APPLEWOOD SMOKED BACON, ARTICHOKE, ARTISANAL PEPPERONI, \*BEEF, BLACK OLIVE, BLEU, BROCCOLI, CHICKEN, FENNEL SAUSAGE, ROMA TOMATO, GREEK OLIVE, GREEN PEPPER, GRILLED ONION, JALAPEÑO, MOZZARELLA, MUSHROOM, PORTABELLA MUSHROOM, RED ONION, ROASTED GARLIC, ROASTED RED PEPPER, SUN-DRIED TOMATO SPECIALTY: ASIAGO, FETA, FONTINA, FRESH MOZZARELLA, GOAT CHEESE, GORGONZOLA, PROSCIUTTO

## PIZZA

WITH FRESH MADE MUTTI TOMATO SAUCE

- 8" 11.49 | 12" 18.49 | 14" 20.49 | GF 10" CAULIFLOWER 13.99
- ① **FIVE CHEESE** goat, bleu, feta, parmesan, mozzarella & tomato sauce
- ① **FRESH MOZZARELLA** w/tomato sauce & fresh basil
- MEAT MARKET** w/sausage, pepperoni, smoked bacon, beef & tomato sauce
- ① **FARMERS MARKET** w/mushroom, black olive, green pepper, red onion, artichoke & tomato sauce
- SPECIAL** w/artisanal pepperoni, fennel sausage, red onion, green pepper, mushroom & tomato sauce
- BBQ CHICKEN** w/roasted garlic, grilled onion, roma tomato, chipotle bbq sauce & basil pesto
- ARTICHOKE & BACON** w/greek olive, portabella mushroom, roasted garlic, roma tomato & basil pesto
- FENNEL SAUSAGE & GOAT CHEESE** w/sun-dried tomato, roma tomato & basil pesto
- SPICY CHICKEN CILANTRO** w/caramelized onion, sweet red pepper, jalapeños, roasted garlic, roma tomato & basil pesto
- PORTABELLA & BACON** w/grilled onion, asiago, roma tomato & basil pesto
- ① **MEDITERRANEAN** w/feta, artichoke, greek olive, roma tomato & basil pesto
- ① **GRILLED VEGGIE** w/zucchini, squash, red onions, portabella mushrooms, greek olives, roasted red peppers, tomatoes & basil pesto
- ① **BIANCO** w/basil pesto, ricotta, sauteed spinach
- ① **CAPRESE** w/mozzarella, fresh roma tomatoes & basil pesto

## BURGERS

HAND-PATTIED, FRESH GROUND CHUCK

INCLUDES CHOICE OF SIDE

ROSEMARY POTATO CHIPS, BIG OL' STEAK FRIES STEAMED VEGGIES, COLESLAW OR FRESH FRUIT. SUBSTITUTE: WARM BLEU CHEESE CHIPS, ONION RINGS, SWEET POTATO FRIES, SIDE GARDEN SALAD: 1.99

- \* **GREAT AMERICAN CHEESEBURGER** 11.49
- \* **BACON CHEDDAR** aged cheddar & smoked bacon 13.49
- \* **BBQ BACON CHEDDAR** onion & chipotle bbq sauce 13.49
- \* **MUSHROOM SWISS** 13.39
- \* **CAJUN & JACK CHEESE** w/honey dijon 11.69
- \* **LOOP BURGER** 11.10 **w/CHEESE** 11.69  
*the original* *cheddar, bleu or swiss*
- ① **SPICY BLACK BEAN** w/low fat ranch 10.29

- ADD BACON 1.79 \*DOUBLE BEEF 4.59
- MUSHROOMS 1.69 DOUBLE CHEESE .69

## SANDWICHES

FRESHLY MADE AND ALL NATURAL

INCLUDES CHOICE OF SIDE

ROSEMARY POTATO CHIPS, BIG OL' STEAK FRIES STEAMED VEGGIES, COLESLAW OR FRESH FRUIT. SUBSTITUTE: WARM BLEU CHEESE CHIPS, ONION RINGS, SWEET POTATO FRIES, SIDE GARDEN SALAD: 1.99

- GRILLED CHICKEN & JACK** 11.19  
*or choice of cheddar, bleu or swiss*
- GRILLED CHICKEN MUSHROOM & SWISS** 12.39
- BBQ BACON CHICKEN & CHEDDAR** 13.79  
*w/grilled onion, smoked bacon & chipotle bbq sauce*
- SPICY CAJUN CHICKEN & JACK** w/honey dijon 11.79
- TERIYAKI CHICKEN** w/grilled pineapple 10.99
- PESTO CHICKEN CIABATTA** oven baked 11.99  
*w/basil pesto, marinara, mozzarella & asiago cheese*
- GRILLED SALMON** or \*AHI w/lemon dill mayo 13.69
- GRILLED WHITEFISH** w/lemon pepper & dill mayo 11.99
- CAJUN FISH WRAP** whitefish fillet w/lite honey dijon 10.99
- ① **VEGGIE MELT CIABATTA** oven baked w/squash 10.99  
*portabella, zucchini, roasted pepper, greek olive, red onion, melted mozzarella & goat cheese*
- ① **PORTABELLA MUSHROOM MELT** 10.99  
*w/grilled onion, jack cheese & roasted garlic mayo*
- ① **GRILLED VEGGIE** baked open-faced sandwich 10.89  
*w/grilled portabella, grilled onion, roasted red pepper, zucchini, herbed goat cheese w/balsamic vinaigrette*

- ADD BACON 1.79 MUSHROOMS 1.69 DOUBLE CHEESE .69

## SIDES • SHARED

- ① **WARM BLEU CHEESE CHIPS** 4.99
- ① **CRUNCHY ONION RINGS** 7.79
- ① **SWEET POTATO FRIES** 4.49
- ① **FRESHMADE ROSEMARY POTATO CHIPS** 3.29
- ① **BIG OL' STEAK FRIES** 4.79
- CHICKEN TENDERS** 3 PIECE 9.29 5 PIECE 11.99
- ① **SMALL GARDEN** or **CAESAR SALAD** 4.59
- ① **STEAMED VEGGIES** 3.29
- ① **COLESLAW** 2.99
- ① **FRESH FRUIT** 3.99

① = VEGETARIAN | GF = GLUTEN FREE